

## HORIZONS SAILING PROGRAM SailMaine, Portland, ME



SailMaine has a convenient drop-off lot, but there is no parking there. You can find free on-street parking within a 10 minute walk of SailMaine (please note street sign instructions) such as Fore Street on Munjoy Hill and the East End Beach Parking Lot. Metered lots and garages can be found on Commercial Street.

# PARKING

It is important to pack a bag before you leave the house with items to keep you comfortable all day...



Water Sunscreen Hat

... because the weather can be unpredictable.

Sometimes it can be very hot. Sometimes it can be windy and chilly. Other times, it might rain.

Windbreaker Sunglasses Closed toe shoes



## This is the main entrance.



Once you arrive, you will check in at the main office (located in the back). You can also go here for any questions you may have.



Summertime is a very busy time of year for SailMaine. You may find that it is crowded with other kids and adults who are preparing to sail—like you!



Then, you will meet your sailing instructor.



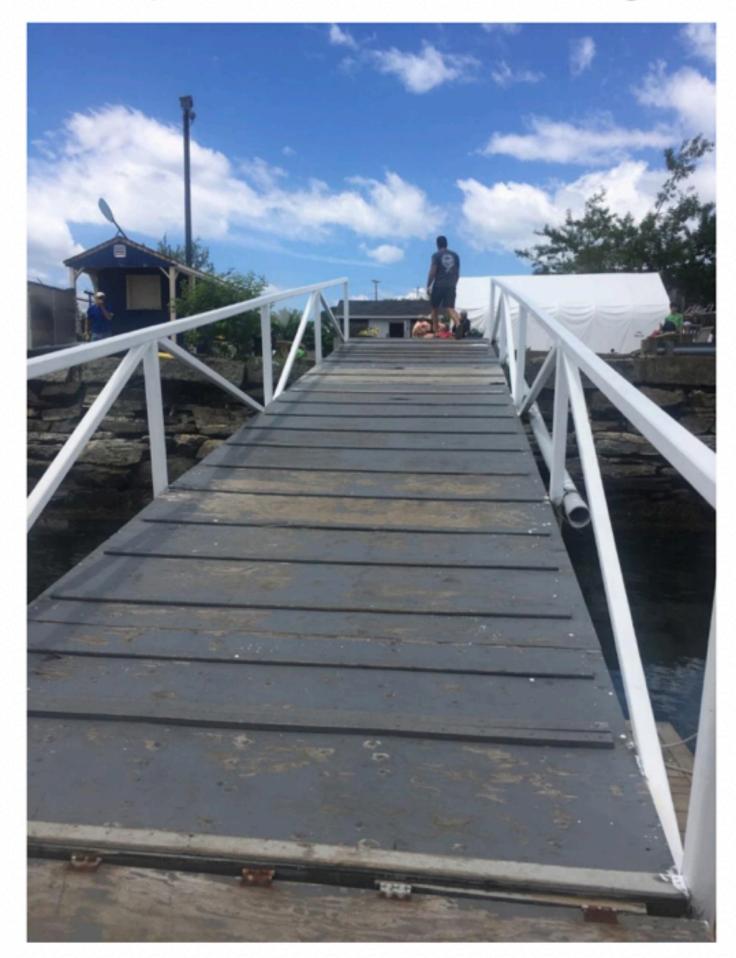
Your life jacket may feel tight and bulky. This is how it is supposed to feel to keep you safe. It is important to keep your life jacket buckled at all times.

Your sailing instructor, or another volunteer, will help you pick out a life jacket.

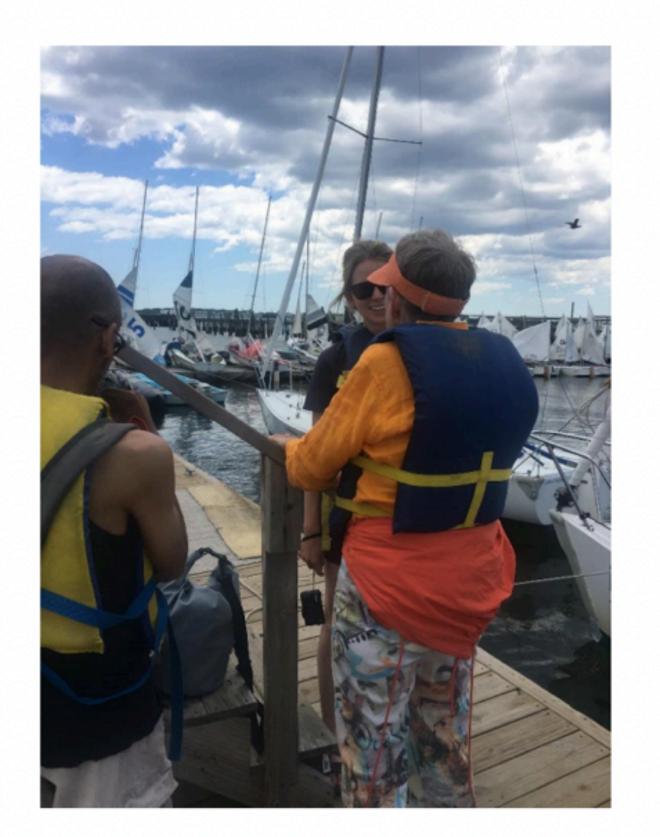
## There are <u>no</u> bathrooms on the sail boats.



You may want to use the bathroom before you head to the boat ramp. The bathrooms are located next to the white tent where you found a life jacket.



Then, you and your group will walk down a long ramp together. This ramp will lead you towards the loading dock.



You will load the sailboat one person at a time. Someone will be there to help you.

You will wait on the dock with your group until your sailing instructor says that it is okay to climb onto the sailboat.



## Then, the boat will leave the dock, and you will be sailing!







When you return from sailing, you will return your life jacket to the white tent.

Then, say good-bye!